

Aimovig - Efficacy - HCP

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Image



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## **Aimovig® (erenumab) efficacy**

Aimovig is indicated for prophylaxis of migraine in adults who have at least 4 migraine days per month.<sup>1</sup>

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**Reductions in the daily impact of headache may last over 5 years with Aimovig<sup>2</sup>**

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Aimovig may help patients to get back to their lives in the long term.<sup>2</sup>

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**73%** of patients with episodic migraine experienced a clinically meaningful improvement ( $\geq 5$ -point reduction from baseline) on the headache-specific disability scale (HIT-6)\* at Week 268.<sup>2</sup>

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## Phase II study in patients with episodic migraine<sup>2,3</sup>

### Initial 12-week treatment phase<sup>3</sup>

**Primary endpoint:** Change in monthly migraine days (MMDs).

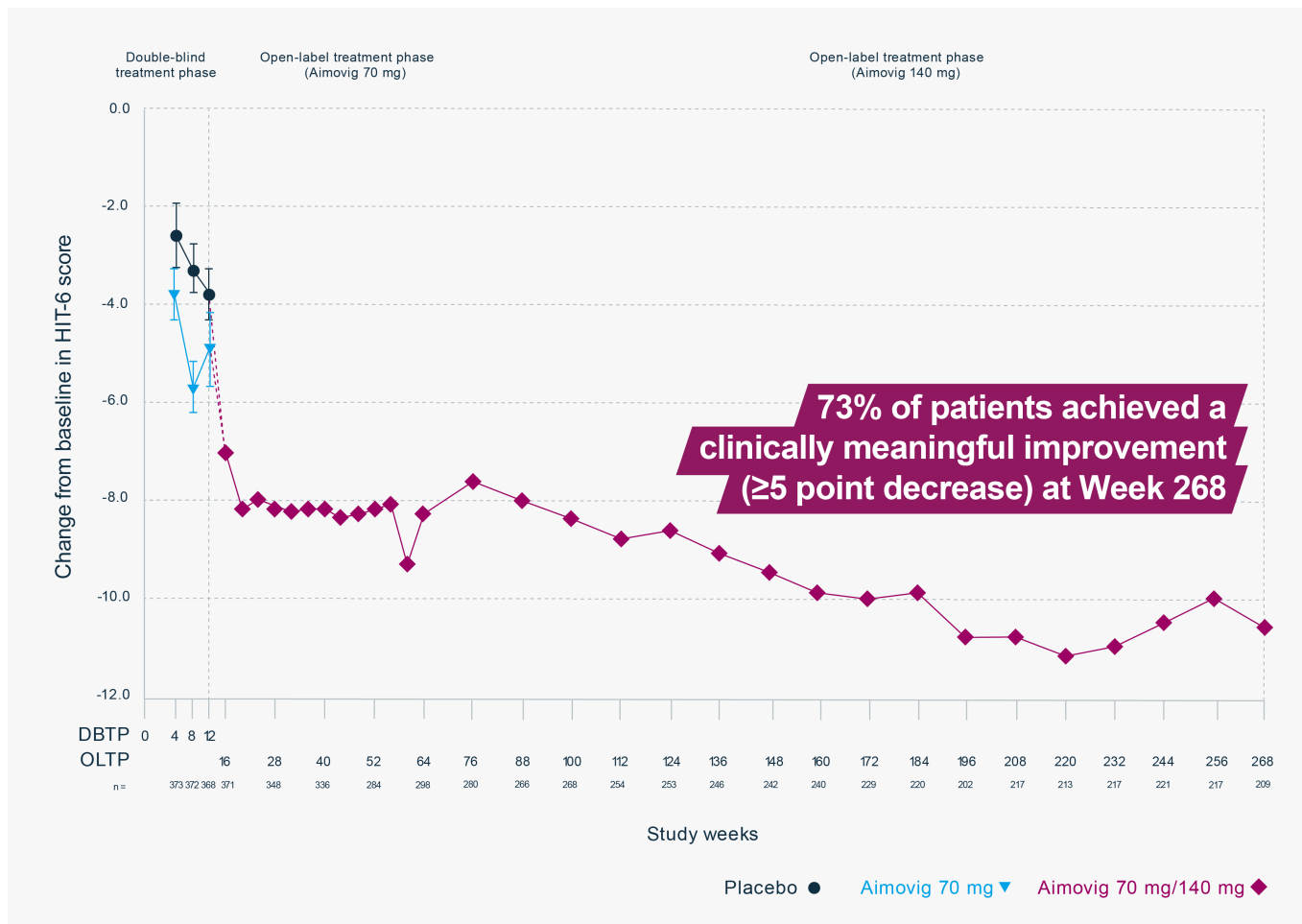
**Baseline MMDs:** Aimovig 70 mg group (n=107): 8.6 (SD: 2.5); placebo group (n=160): 8.8 (SD: 2.7).

At Week 12, Aimovig suggests a significant reduction from baseline in MMDs vs placebo (-3.4 days vs -2.3 days respectively; difference -1.1 days [95% CI: -2.1 to -0.2], p=0.021). Further investigation is required from a larger phase III trial.

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## 5-year treatment phase: Improvement in HIT-6 score (efficacy endpoint)<sup>2</sup>

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Adapted from Ashina M, et al. 2021.<sup>2</sup>

There was no significant difference between Aimovig 70 mg and placebo during the double-blind treatment phase because the study was not designed to detect a significant difference for these endpoints.<sup>3</sup>

Further investigation from larger Phase III trials is required.<sup>2</sup>

## Aimovig provides first long-term data for a migraine-specific preventive treatment over 5 years<sup>2,4</sup>

CHU, clinical home use; DBTP, double-blind treatment phase; HIT-6, headache impact test; HRQoL, health-related quality of life; MMD, monthly migraine day; OLTP, open-label treatment phase; PRO, patient-reported outcome; SC, subcutaneously; SD, standard deviation.

This study was a multicentre, open-label 5-year treatment phase, following a 12-week, double-blind, placebo-controlled trial in patients with episodic migraine. In the double-blind treatment phase (12 weeks) patients (n=383) received placebo or Aimovig (7 mg, 21 mg, or 70 mg) SC every 4 weeks. The primary endpoints were the change in monthly migraine days from baseline to Week 12 and number of participants who self-administered a full

dose, partial dose, or no dose of erenumab (CHU sub-study). In the open-label treatment phase patients (n=250) received Aimovig every 4 weeks. After exposure to 70 mg, patients increased dose to 140 mg after a protocol amendment. Efficacy endpoints included change in monthly migraine days, change in monthly acute migraine-specific medication days in patients with baseline use and change in HRQoL measured by PROs.<sup>2,4</sup>

\*HIT-6 is a 6-item survey that assesses the adverse impact of headaches on social, role and cognitive functioning, vitality, and psychological distress, providing a summary score.<sup>5</sup>

## References

1. Aimovig® (erenumab) Summary of Product Characteristics.
2. Ashina M, et al. *Eur J Neurol* 2021;28:1716-1725.
3. Sun H, et al. *Lancet Neurol* 2016;15(4):382-390.
4. NHI Clinical Trials. Study to Evaluate the Efficacy and Safety of Erenumab (AMG 334) in Migraine Prevention. Available at: <https://www.clinicaltrials.gov/study/NCT01952574> [Accessed December 2024].
5. Yang M, et al. *Cephalalgia* 2011;31:357-367.



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